

Here are the times for our athletes at the 4-A Mideastern regionals on 10/25/08. Will Woodhouse moved up to the 11th fastest XC runner in LRHS history. Brian Jackson moved to 13th, and Alissa Locke got on the TOP 25 LIST today and is in 24th place.

Once again, the boys qualified for the State Championship Meet next weekend. The boys will race at 10:00 at Tanglewood Park in Clemmons, NC. I am sure they would appreciate some fans cheering them on!!! Hopefully a lot of XC runners and families can make the trip to support the guys.

Boys:

Will Woodhouse- 16:17

Brian Jackson- 16:22

Aaron Smith- 17:00

Christian Klute- 17:13

Chris Mirek- 17:19

Andrew Byrum- 18:01

Pierce Fussell- 18:15

Girls:

Lauren Strapp- 19:47

Alissa Locke- 20:37

Megan Servin- 21:32

Meredith Hicks- 22:13

Amanda Bloemeke- 22:42

Haley Tray- 23:23

Allison Jones- 23:35