

CAP 7 Championships - 4/23/2008**Wakefield High School****Results****Girls 100 Meter Dash**

| Name | Year School | Seed | Prelims | H# |
|----------------------|-------------------|-------|---------|----|
| Preliminaries | | | | |
| 1 Blue, T | Wakefield | 12.20 | 12.60Q | 3 |
| 2 Houston, C | Broughton | 12.20 | 12.70Q | 2 |
| 3 Eley, P | Leesville | 12.20 | 13.10Q | 1 |
| 4 Mangum, K | Sanderson | 12.20 | 13.00Q | 2 |
| 5 Williams, A | Sanderson | 12.80 | 13.50Q | 3 |
| 6 Downing, T | Millbrook | 12.20 | 13.60Q | 1 |
| 7 Ward, K | Wakefield | 12.70 | 13.20q | 2 |
| 8 Carter, T | Sanderson | 12.90 | 13.70q | 3 |
| 9 Jenkins, S | Wake Forest | 13.30 | 13.71 | 1 |
| 9 Green, B | Millbrook | 13.80 | 13.71 | 2 |
| 11 Jones, S | Leesville | 13.60 | 13.75 | 3 |
| 11 Williams, J | Wakefield | 13.30 | 13.75 | 1 |
| 13 Dickens, K | Wake Forest | 14.20 | 13.80 | 1 |
| 13 Gidron, M | Enloe High School | 14.40 | 13.80 | 3 |
| 15 Dinkins, Q | Broughton | 13.30 | 14.00 | 2 |
| 16 Malek, J | Millbrook | 13.70 | 14.30 | 3 |
| 17 Young, T | Enloe High School | 14.20 | 14.70 | 2 |
| 17 Jones, K | Wake Forest | 14.10 | 14.70 | 1 |
| 19 Brochu, H | Enloe High School | 15.10 | 16.00 | 3 |

Girls 100 Meter Dash

| Name | Year School | Prelims | Finals | Points |
|---------------|-------------|---------|--------|--------|
| Finals | | | | |
| 1 Eley, P | Leesville | 13.10 | 12.00 | 10 |
| 2 Downing, T | Millbrook | 13.60 | 12.30 | 8 |
| 3 Blue, T | Wakefield | 12.60 | 12.40 | 6 |
| 4 Houston, C | Broughton | 12.70 | 12.60 | 4 |
| 5 Mangum, K | Sanderson | 13.00 | 12.70 | 2 |
| 6 Ward, K | Wakefield | 13.20 | 13.20 | 1 |
| 7 Williams, A | Sanderson | 13.50 | 13.25 | |
| 8 Carter, T | Sanderson | 13.70 | 13.50 | |

Girls 200 Meter Dash

| Name | Year School | Seed | Prelims | H# |
|----------------------|-------------------|-------|---------|----|
| Preliminaries | | | | |
| 1 Blue, T | Wakefield | 25.40 | 26.20Q | 1 |
| 2 Eley, P | Leesville | 24.80 | 26.60Q | 3 |
| 3 Downing, T | Millbrook | 25.20 | 27.90Q | 2 |
| 4 Adams, K | Millbrook | 25.60 | 26.30Q | 1 |
| 5 Ward, K | Wakefield | 26.70 | 27.40Q | 3 |
| 6 Tate, T | Sanderson | 28.80 | 28.50Q | 2 |
| 7 Carter, T | Sanderson | 27.70 | 27.60q | 3 |
| 8 Jenkins, S | Wake Forest | 28.30 | 28.20q | 3 |
| 9 Johnson, K | Enloe High School | 27.74 | 28.30 | 1 |
| 10 Williams, J | Wakefield | 27.70 | 28.55 | 2 |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | | |
|--------------|-------------------|-------|-------|---|
| 11 Raffel, B | Enloe High School | 28.40 | 28.60 | 3 |
| 11 Bauder, A | Enloe High School | 28.24 | 28.60 | 2 |
| 13 Mangum, K | Sanderson | 26.50 | 30.60 | 2 |

....Girls 200 Meter Dash

| | | | | |
|---------------|-------------|-------|----|---|
| -- Dinkins, Q | Broughton | 30.20 | DQ | 1 |
| -- Dickens, K | Wake Forest | 30.10 | DQ | 1 |
| -- Jones, S | Leesville | 28.00 | DQ | 1 |
| -- Jones, K | Wake Forest | 30.30 | DQ | 2 |

Girls 200 Meter Dash

| Name | Year School | Prelims | Finals | Points |
|---------------|-------------|---------|--------|--------|
| Finals | | | | |
| 1 Eley, P | Leesville | 26.60 | 24.90 | 10 |
| 2 Blue, T | Wakefield | 26.20 | 25.50 | 8 |
| 3 Downing, T | Millbrook | 27.90 | 25.60 | 6 |
| 4 Adams, K | Millbrook | 26.30 | 26.50 | 4 |
| 5 Ward, K | Wakefield | 27.40 | 27.10 | 2 |
| 6 Carter, T | Sanderson | 27.60 | 28.10 | 1 |
| 7 Tate, T | Sanderson | 28.50 | 28.15 | |
| -- Jenkins, S | Wake Forest | 28.20 | DQ | |

Girls 400 Meter Dash

| Name | Year School | Seed | Finals | H# | Points |
|-----------------|-------------------|---------|---------|----|--------|
| 1 Ficalora, A | Leesville | 58.60 | 58.80 | 2 | 10 |
| 2 Downing, T | Millbrook | 58.20 | 58.85 | 2 | 8 |
| 3 Adams, K | Millbrook | 59.10 | 58.90 | 2 | 6 |
| 4 Raiford, A | Wakefield | 1:02.60 | 1:01.90 | 2 | 4 |
| 5 McAdams, S | Enloe High School | 1:02.00 | 1:02.80 | 2 | 2 |
| 6 Hartsfield, S | Wake Forest | 1:08.50 | 1:05.40 | 1 | 1 |
| 7 Romberger, K | Wakefield | 1:05.40 | 1:05.90 | 2 | |
| 8 Zapolski, C | Broughton | 1:04.00 | 1:06.20 | 2 | |
| 9 Jones, A | Leesville | 1:06.00 | 1:08.20 | 1 | |
| 10 Barber, E | Enloe High School | 1:07.00 | 1:08.40 | 1 | |
| 11 Clements, C | Enloe High School | 1:11.00 | 1:11.40 | 1 | |
| -- Quirk, K | Leesville | 1:04.00 | DQ | 2 | |
| -- Erickson, M | Sanderson | 1:07.00 | DQ | 1 | |
| -- Brock, K | Wake Forest | 1:14.00 | DQ | 1 | |

Girls 800 Meter Run

| Name | Year School | Seed | Finals | Points |
|----------------|-------------------|---------|---------|--------|
| 1 Adams, B | Sanderson | 2:21.00 | 2:24.30 | 10 |
| 2 Vasquez, E | Leesville | 2:27.50 | 2:28.10 | 8 |
| 3 Albrecht, A | Wakefield | 2:27.00 | 2:30.40 | 6 |
| 4 Hennis, S | Enloe High School | 2:28.00 | 2:30.70 | 4 |
| 5 Locke, A | Leesville | 2:34.00 | 2:31.90 | 2 |
| 6 Townes, A | Enloe High School | 2:36.00 | 2:32.90 | 1 |
| 7 Smith, O | Leesville | 2:34.00 | 2:33.70 | |
| 8 McNeill, J | Wakefield | 2:30.00 | 2:34.40 | |
| 9 Feng, M | Broughton | 2:37.00 | 2:35.50 | |
| 10 White, M | Broughton | 2:36.00 | 2:36.20 | |
| 11 Everling, S | Millbrook | 2:40.00 | 2:39.10 | |
| 12 Lafella, E | Wake Forest | 2:51.60 | 2:39.40 | |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results****....Girls 800 Meter Run**

| | | | |
|-----------------|-------------------|---------|---------|
| 13 Corbally, M | Millbrook | 2:46.00 | 2:41.80 |
| 14 Cabaleiro, J | Enloe High School | 2:40.00 | 2:46.70 |
| 15 Norwood, H | Millbrook | 2:45.00 | 3:00.40 |
| -- Hribar, H | Wakefield | 2:49.00 | DQ |
| -- McDonough, C | Wake Forest | 3:03.70 | DQ |

Girls 1600 Meter Run

| Name | Year School | Seed | Finals | Points |
|----------------|-------------------|---------|---------|--------|
| 1 Vasquez, E | Leesville | 5:29.00 | 5:26.90 | 10 |
| 2 Strapp, L | Leesville | 5:32.00 | 5:33.30 | 8 |
| 3 Cook, A | Sanderson | 5:49.00 | 5:35.00 | 6 |
| 4 Wetzell, L | Enloe High School | 5:36.00 | 5:36.50 | 4 |
| 5 Hennis, S | Enloe High School | 5:44.00 | 5:37.00 | 2 |
| 6 Gustafson, V | Broughton | 5:45.80 | 5:37.80 | 1 |
| 7 Holmes, A | Broughton | 5:48.00 | 5:43.40 | |
| 8 Enderle, D | Wakefield | 5:39.50 | 5:44.10 | |
| 9 Burke, A | Millbrook | 5:47.00 | 5:45.90 | |
| 10 Roution, L | Millbrook | 5:54.00 | 5:47.80 | |
| 11 Cook, M | Broughton | 5:56.00 | 5:48.20 | |
| 12 Echols, C | Enloe High School | 5:56.00 | 5:50.90 | |
| 13 Tray, H | Leesville | 5:56.00 | 6:07.20 | |
| 14 Huston, L | Wakefield | 6:09.00 | 6:10.10 | |
| 15 Litsas, M | Sanderson | 6:19.00 | 6:15.60 | |
| 16 Ditmore, G | Millbrook | 6:33.00 | 6:20.00 | |
| 17 Bridges, B | Wake Forest | 6:31.70 | 6:27.10 | |
| 18 Lucas, K | Sanderson | 6:27.00 | 6:38.60 | |

Girls 3200 Meter Run

| Name | Year School | Seed | Finals | Points |
|-------------------|-------------------|----------|----------|--------|
| 1 Williams, T | Broughton | 11:37.60 | 11:51.80 | 10 |
| 2 Strapp, L | Leesville | 12:32.00 | 12:11.80 | 8 |
| 3 Wetzell, L | Enloe High School | 12:05.00 | 12:12.90 | 6 |
| 4 Currin, E | Broughton | 12:20.00 | 12:17.80 | 4 |
| 5 Thomas, N | Enloe High School | 12:49.00 | 12:31.70 | 2 |
| 6 Cook, A | Sanderson | 12:30.00 | 12:31.90 | 1 |
| 7 Abott, M | Broughton | 12:35.00 | 12:42.00 | |
| 8 Gonzalez, S | Sanderson | 13:08.00 | 12:43.90 | |
| 9 Fanning, C | Leesville | 13:08.00 | 12:59.90 | |
| 10 Merwin, M | Enloe High School | 12:59.00 | 13:19.70 | |
| 11 Buckalew, A | Millbrook | 13:32.00 | 13:22.80 | |
| 12 Schlichting, A | Millbrook | 13:32.00 | 13:23.00 | |
| 13 Rathge, M | Leesville | 13:08.00 | 13:26.60 | |
| -- Enderle, D | Wakefield | 12:39.00 | DQ | |
| -- Bridges, B | Wake Forest | 13:48.60 | DQ | |

Girls 100 Meter Hurdles

| Name | Year School | Seed | Prelims | H# |
|---------------|-------------|-------|---------|----|
| Preliminaries | | | | |
| 1 Bygrave, R | Millbrook | 16.20 | 15.90Q | 1 |

....Girls 100 Meter Hurdles

| | | | | |
|------------|-----------|-------|--------|---|
| 2 Starr, B | Wakefield | 16.80 | 16.50Q | 2 |
|------------|-----------|-------|--------|---|

CAP 7 Championships - 4/23/2008

Wakefield High School

Results

| | | | | |
|----------------|-------------|-------|--------|---|
| 3 Furr, B | Sanderson | 15.20 | 16.55Q | 2 |
| 4 Graham, S | Wake Forest | 16.70 | 17.20Q | 1 |
| 5 Kolawole, M | Leesville | 17.60 | 18.40Q | 1 |
| 6 Williams, A | Sanderson | 19.80 | 19.90Q | 2 |
| 7 Dixon, D | Wakefield | 19.60 | 19.40Q | 1 |
| 8 Ross, K | Wake Forest | 18.90 | 19.95Q | 2 |
| 9 Dawson, A | Sanderson | 20.30 | 21.40 | 1 |
| -- Zapolski, C | Broughton | 19.08 | DQ | 2 |

Girls 100 Meter Hurdles

| Name | Year School | Prelims | Finals | Points |
|------|-------------|---------|--------|--------|
|------|-------------|---------|--------|--------|

Finals

| | | | | |
|---------------|-------------|-------|-------|----|
| 1 Bygrave, R | Millbrook | 15.90 | 15.70 | 10 |
| 2 Furr, B | Sanderson | 16.55 | 15.80 | 8 |
| 3 Starr, B | Wakefield | 16.50 | 16.80 | 6 |
| 4 Graham, S | Wake Forest | 17.20 | 16.90 | 4 |
| 5 Kolawole, M | Leesville | 18.40 | 18.00 | 2 |
| 6 Dixon, D | Wakefield | 19.40 | 19.70 | 1 |
| 7 Ross, K | Wake Forest | 19.95 | 20.10 | |
| 8 Williams, A | Sanderson | 19.90 | 20.15 | |

Girls 300 Meter Hurdles

| Name | Year School | Seed | Finals | H# | Points |
|------|-------------|------|--------|----|--------|
|------|-------------|------|--------|----|--------|

| | | | | | |
|-----------------|-------------------|---------|-------|---|----|
| 1 Bygrave, R | Millbrook | 46.70 | 48.40 | 2 | 10 |
| 2 Furr, B | Sanderson | 47.90 | 49.00 | 2 | 8 |
| 3 Starr, B | Wakefield | 49.30 | 49.20 | 2 | 6 |
| 4 Lewis, A | Wakefield | 49.90 | 49.50 | 2 | 4 |
| 5 Graham, S | Wake Forest | 51.10 | 52.60 | 2 | 2 |
| 6 Kirchman, K | Sanderson | 52.70 | 52.80 | 2 | 1 |
| 7 Mann, B | Broughton | 51.87 | 53.10 | 2 | |
| 8 Kolawole, M | Leesville | 54.00 | 54.20 | 1 | |
| 9 Williams, J | Wakefield | 52.60 | 55.30 | 2 | |
| 10 Jackson, M | Sanderson | 55.40 | 56.40 | 1 | |
| 11 Ross, K | Wake Forest | 57.90 | 56.60 | 1 | |
| 12 McAdams, J | Leesville | 57.00 | 57.40 | 1 | |
| 13 Smith, S | Broughton | | 58.40 | 1 | |
| 14 Indermaur, K | Enloe High School | 1:01.00 | 59.30 | 1 | |
| 15 Wu, Y | Enloe High School | 1:03.00 | 59.80 | 1 | |

Girls 4x100 Meter Relay

| School | Seed | Finals | Points |
|--------|------|--------|--------|
|--------|------|--------|--------|

| | | | |
|--------------------------------------|-------|-------|----|
| 1 Broughton High School 'A' | 50.60 | 49.90 | 10 |
| 2 Wakefield High School 'A' | 50.30 | 50.60 | 8 |
| 3 Millbrook High School 'A' | 52.70 | 51.80 | 5 |
| 3 Sanderson High School 'A' | 51.60 | 51.80 | 5 |
| 5 Leesville Road High School 'A' | 53.50 | 53.80 | 2 |
| 6 Wake Forest-Rolesville High Sc 'A' | 55.90 | 54.70 | 1 |

....Girls 4x100 Meter Relay

| | | | |
|-------------------------|-------|-------|--|
| 7 Enloe High School 'A' | 55.25 | 55.50 | |
|-------------------------|-------|-------|--|

Girls 4x200 Meter Relay

| School | Seed | Finals | Points |
|--------|------|--------|--------|
|--------|------|--------|--------|

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | |
|---------------------------------------|---------|---------|----|
| 1 Millbrook High School 'A' | 1:47.30 | 1:42.90 | 10 |
| 2 Leesville Road High School 'A' | 1:46.00 | 1:43.10 | 8 |
| 3 Broughton High School 'A' | 1:47.40 | 1:44.90 | 6 |
| 4 Wakefield High School 'A' | 1:46.30 | 1:48.00 | 4 |
| 5 Sanderson High School 'A' | 1:52.10 | 1:52.80 | 2 |
| 6 Enloe High School 'A' | 1:52.00 | 1:54.50 | 1 |
| -- Wake Forest-Rolesville High Sc 'A' | 1:56.10 | | DQ |

Girls 4x400 Meter Relay

| School | Seed | Finals | Points |
|---------------------------------------|---------|---------|--------|
| 1 Millbrook High School 'A' | 4:09.00 | 4:00.90 | 10 |
| 2 Wakefield High School 'A' | 4:11.20 | 4:13.50 | 8 |
| 3 Broughton High School 'A' | 4:11.00 | 4:16.90 | 6 |
| 4 Leesville Road High School 'A' | 4:15.00 | 4:21.30 | 4 |
| 5 Sanderson High School 'A' | 4:14.40 | 4:27.70 | 2 |
| -- Enloe High School 'A' | 4:24.00 | | DQ |
| -- Wake Forest-Rolesville High Sc 'A' | 4:48.50 | | DQ |

Girls 4x800 Meter Relay

| School | Seed | Finals | Points |
|--------------------------------------|----------|----------|--------|
| 1 Enloe High School 'A' | 10:11.00 | 10:09.60 | 10 |
| 2 Broughton High School 'A' | 10:20.00 | 10:11.40 | 8 |
| 3 Leesville Road High School 'A' | 10:23.00 | 10:13.90 | 6 |
| 4 Sanderson High School 'A' | 10:16.80 | 10:22.10 | 4 |
| 5 Wakefield High School 'A' | 10:24.00 | 10:24.00 | 2 |
| 6 Millbrook High School 'A' | 10:48.00 | 10:44.30 | 1 |
| 7 Wake Forest-Rolesville High Sc 'A' | 12:47.00 | 12:27.80 | |

Girls High Jump

| Name | Year School | Seed | Finals | Points |
|---------------|-------------------|---------|----------|--------|
| 1 Zapolski, C | Broughton | 5-02.00 | 5-00.00 | 10 |
| 2 Ficalora, A | Leesville | 5-02.00 | J5-00.00 | 8 |
| 3 Furr, B | Sanderson | 5-02.00 | 4-08.00 | 5 |
| 3 Hodges, D | Wakefield | 4-06.00 | 4-08.00 | 5 |
| 5 Cook, C | Millbrook | 5-00.00 | J4-08.00 | 1.50 |
| 5 Birek, M | Wakefield | 5-02.00 | J4-08.00 | 1.50 |
| 7 Gidron, M | Enloe High School | 4-08.00 | 4-06.00 | |
| 8 Hockaday, D | Enloe High School | 4-08.00 | 4-04.00 | |
| 8 Carter, T | Sanderson | 4-10.00 | 4-04.00 | |
| 8 Thomas, L | Broughton | 4-10.00 | 4-04.00 | |
| 11 Watson, J | Enloe High School | 4-05.00 | J4-04.00 | |
| -- Franchi, K | Wakefield | 4-08.00 | | DQ |
| -- Graham, S | Wake Forest | 5-02.00 | | DQ |

....Girls High Jump

| | | | | |
|----------------|-----------|---------|--|----|
| -- Gates, A | Leesville | 4-06.00 | | DQ |
| -- Pellack, D | Leesville | 4-06.00 | | DQ |
| -- Parker, H | Sanderson | 4-08.00 | | DQ |
| -- Crosslyn, A | Millbrook | 4-10.00 | | DQ |

Girls Pole Vault

| Name | Year School | Seed | Finals | Points |
|------|-------------|------|--------|--------|
|------|-------------|------|--------|--------|

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | | |
|----------------|-------------------|---------|----------|----|
| 1 Cadwell, M | Broughton | 8-06.00 | 9-00.00 | 10 |
| 2 Mann, B | Broughton | 9-00.00 | J9-00.00 | 8 |
| 3 Huberman, C | Enloe High School | 8-06.00 | J9-00.00 | 6 |
| 4 Webbie, B | Sanderson | 8-00.00 | 8-06.00 | 4 |
| 5 Ward, S | Broughton | 7-06.00 | J8-06.00 | 2 |
| 6 Thirakul, A | Millbrook | 8-00.00 | J8-06.00 | 1 |
| 7 Pellack, D | Leesville | 8-00.00 | J8-06.00 | |
| 8 Alvarez, A | Sanderson | 8-06.00 | 8-00.00 | |
| 8 Franchi, K | Wakefield | 8-00.00 | 8-00.00 | |
| 8 Anderson, K | Leesville | 7-06.00 | 8-00.00 | |
| 8 Glass, N | Millbrook | 7-06.00 | 8-00.00 | |
| 12 Smith, K | Sanderson | 7-06.00 | 7-06.00 | |
| 12 Wakeford, S | Millbrook | 6-06.00 | 7-06.00 | |
| 14 Schell, M | Leesville | 7-00.00 | 7-00.00 | |

Girls Long Jump

| Name | Year School | Seed | Finals | Points |
|----------------|-------------------|----------|----------|--------|
| 1 Mitchel, J | Broughton | 17-04.00 | 15-11.00 | 10 |
| 2 Hodges, D | Wakefield | 16-06.00 | 15-08.00 | 8 |
| 3 Cook, C | Millbrook | 15-01.00 | 15-05.00 | 6 |
| 4 Blackburn, H | Leesville | 14-08.50 | 14-11.00 | 4 |
| 5 Williams, L | Sanderson | 15-03.00 | 13-10.00 | 2 |
| 6 Raffel, B | Enloe High School | 13-03.00 | 12-09.00 | 1 |
| 7 Gidron, M | Enloe High School | 12-02.00 | 12-06.00 | |
| 8 Franchi, K | Wakefield | 14-07.00 | 12-01.00 | |
| 9 Slawson, J | Leesville | 13-00.00 | 11-08.00 | |
| 9 Jones, S | Leesville | 13-00.00 | 11-08.00 | |
| 11 Lafella, E | Wake Forest | 11-00.00 | 10-02.00 | |

Girls Triple Jump

| Name | Year School | Seed | Finals | Points |
|---------------|-------------|----------|----------|--------|
| 1 Mitchel, J | Broughton | 36-11.00 | 35-03.00 | 10 |
| 2 Cook, C | Millbrook | 33-00.00 | 32-04.00 | 8 |
| 3 Ficalora, A | Leesville | 33-08.00 | 31-10.00 | 6 |
| 4 Hodges, D | Wakefield | 32-04.00 | 31-00.00 | 4 |
| 5 Williams, L | Sanderson | 31-08.50 | 30-07.00 | 2 |
| 6 Franchi, K | Wakefield | 28-07.00 | 28-08.00 | 1 |
| 7 Pellack, D | Leesville | 27-00.00 | 27-05.00 | |
| -- Lafella, E | Wake Forest | 24-01.00 | DQ | |

Girls Shot Put

| Name | Year School | Seed | Finals | Points |
|--------------------|-------------------|----------|----------|--------|
| 1 DeGraffinreed, H | Millbrook | 40-05.00 | 38-01.00 | 10 |
| 2 Anumudu, C | Millbrook | 33-07.00 | 33-07.00 | 8 |
| 3 Fagan, J | Millbrook | 30-04.00 | 32-05.00 | 6 |
| 4 Dunn, A | Sanderson | 30-03.50 | 32-04.00 | 4 |
| 5 Tanner, V | Wake Forest | 38-07.00 | 31-04.00 | 2 |
| 6 Hartsfield, K | Wake Forest | 31-09.25 | 31-01.00 | 1 |
| 7 Dunston, J | Enloe High School | 33-06.00 | 29-11.00 | |
| 8 Gillespie, C | Wakefield | 31-10.00 | 29-01.00 | |
| 9 Patrick, T | Sanderson | 27-00.00 | 27-07.00 | |
| 10 Leak, L | Broughton | 24-10.00 | 25-08.00 | |
| 11 Douglas, K | Enloe High School | 25-03.00 | 25-04.00 | |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | |
|-----------------|-------------------|----------|----------|
| 12 Verhoeven, D | Leesville | 24-00.00 | 24-09.00 |
| 13 Rolow, J | Wake Forest | 21-08.00 | 24-07.00 |
| 14 Frateschi, K | Leesville | 22-00.00 | 22-10.00 |
| 15 Demers, K | Wakefield | 24-08.00 | 22-08.00 |
| 16 Stanfield, J | Leesville | 21-00.00 | 20-10.00 |
| 17 Kittner, K | Enloe High School | 20-01.00 | 20-03.00 |

Girls Discus Throw

| Name | Year School | Seed | Finals | Points |
|--------------------|-------------------|----------|--------|--------|
| 1 Tanner, V | Wake Forest | 11-09.50 | 100-01 | 10 |
| 2 Anumudu, C | Millbrook | 107-07 | 96-05 | 8 |
| 3 DeGraffinreed, H | Millbrook | 98-04 | 86-05 | 6 |
| 4 Dunston, J | Enloe High School | 104-08 | 85-01 | 4 |
| 5 Fagan, J | Millbrook | 84-11 | 79-04 | 2 |
| 6 Patrick, T | Sanderson | 89-00 | 78-00 | 1 |
| 7 Dunn, A | Sanderson | 84-00 | 75-07 | |
| 8 Hartsfield, K | Wake Forest | 93-03 | 74-06 | |
| 9 Douglas, K | Enloe High School | 89-08 | 67-00 | |
| 10 Woodard, A | Sanderson | 79-00 | 65-06 | |
| 11 Stanfield, J | Leesville | 68-00 | 64-09 | |
| 12 Gillespie, C | Wakefield | 71-03 | 63-05 | |
| 13 Leak, L | Broughton | 70-00 | 62-08 | |
| 14 Demers, K | Wakefield | 68-07 | 61-05 | |
| 15 Kittner, K | Enloe High School | 54-00 | 59-03 | |
| 16 Frateschi, K | Leesville | 58-00 | 51-04 | |
| 17 Verhoeven, D | Leesville | 65-00 | 48-04 | |

Boys 100 Meter Dash

| Name | Year School | Seed | Prelims | H# |
|--------------------------------|-------------------|-------|---------|----|
| Preliminaries | | | | |
| 1 Graham, T | Wakefield | 10.24 | 10.50Q | 3 |
| 2 Hardy, P | Wakefield | 10.60 | 10.80Q | 2 |
| 3 Olusesi, M | Wakefield | 10.90 | 11.10Q | 1 |
| 4 Jones, E | Millbrook | 10.90 | 11.00Q | 3 |
| 5 Bunn, T | Leesville | 10.90 | 11.10Q | 2 |
| 6 Crowder, D | Leesville | 10.90 | 11.20Q | 1 |
| 7 Green, Z | Leesville | 10.90 | 11.20q | 2 |
| 7 Murphy, J | Sanderson | 10.90 | 11.20q | 3 |
|Boys 100 Meter Dash | | | | |
| 9 Foster, R | Broughton | 10.70 | 11.30 | 1 |
| 10 Sheppard, S | Broughton | 11.00 | 11.40 | 1 |
| 10 Howard, T | Wake Forest | 11.10 | 11.40 | 3 |
| 12 Keys-Turner, J | Sanderson | 11.20 | 11.50 | 1 |
| 13 Corbin, B | Millbrook | 11.10 | 11.60 | 3 |
| 14 Edwards, M | Millbrook | 11.00 | 11.70 | 2 |
| 14 Young, E | Broughton | 11.20 | 11.70 | 2 |
| 16 Faison, A | Enloe High School | 11.40 | 11.80 | 2 |
| 17 Johnson, A | Sanderson | 11.30 | 12.00 | 1 |
| 17 Jordan, G | Wake Forest | 11.70 | 12.00 | 3 |
| 19 McMillan, L | Enloe High School | 11.62 | 12.40 | 3 |
| 20 Zack, C | Enloe High School | 13.10 | 12.70 | 2 |

Boys 100 Meter Dash

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| Name | Year School | Prelims | Finals | Points |
|------|-------------|---------|--------|--------|
|------|-------------|---------|--------|--------|

Finals

| | | | | |
|--------------|-----------|-------|-------|----|
| 1 Graham, T | Wakefield | 10.50 | 10.50 | 10 |
| 2 Bunn, T | Leesville | 11.10 | 11.00 | 8 |
| 3 Hardy, P | Wakefield | 10.80 | 11.05 | 6 |
| 4 Murphy, J | Sanderson | 11.20 | 11.20 | 4 |
| 5 Green, Z | Leesville | 11.20 | 11.30 | 2 |
| 6 Crowder, D | Leesville | 11.20 | 11.35 | 1 |
| 7 Jones, E | Millbrook | 11.00 | 11.40 | |
| 8 Olusesi, M | Wakefield | 11.10 | 11.60 | |

Boys 200 Meter Dash

| Name | Year School | Seed | Prelims | H# |
|------|-------------|------|---------|----|
|------|-------------|------|---------|----|

Preliminaries

| | | | | |
|--------------------|-------------------|-------|--------|---|
| 1 Graham, T | Wakefield | 21.08 | 22.10Q | 3 |
| 2 Hardy, P | Wakefield | 21.90 | 22.70Q | 2 |
| 3 Bunn, T | Leesville | 22.30 | 23.00Q | 1 |
| 4 Council, J | Leesville | 22.90 | 22.75Q | 2 |
| 5 Sheppard, S | Broughton | 22.50 | 23.00Q | 3 |
| 6 Murphy, J | Sanderson | 22.00 | 23.05Q | 1 |
| 7 Olusesi, M | Wakefield | 22.70 | 23.10q | 1 |
| 8 Demery, D | Millbrook | 23.70 | 23.60q | 1 |
| 9 Howard, T | Wake Forest | 23.20 | 23.65 | 1 |
| 10 Crowder, D | Leesville | 22.30 | 23.90 | 2 |
| 11 Keays-Turner, J | Sanderson | 23.80 | 24.00 | 1 |
| 11 Young, B | Wake Forest | 23.70 | 24.00 | 2 |
| 13 Angry, R | Millbrook | 23.20 | 24.10 | 2 |
| 14 Faison, A | Enloe High School | 24.15 | 24.30 | 3 |
| 15 Senegal, J | Enloe High School | 24.50 | 24.60 | 2 |
| 16 Jordan, G | Wake Forest | 24.00 | 24.65 | 2 |
| 17 Johnson, A | Sanderson | 24.30 | 24.70 | 3 |
| 18 Hockaday, M | Enloe High School | 23.55 | 25.00 | 3 |
| -- Foster, R | Broughton | 22.40 | DQ | 3 |
| -- Sheppard, S | Broughton | 23.50 | DQ | 3 |

Boys 200 Meter Dash

| Name | Year School | Prelims | Finals | Points |
|------|-------------|---------|--------|--------|
|------|-------------|---------|--------|--------|

Finals

| | | | | |
|---------------|-----------|-------|-------|----|
| 1 Graham, T | Wakefield | 22.10 | 22.20 | 10 |
| 2 Bunn, T | Leesville | 23.00 | 22.70 | 8 |
| 3 Murphy, J | Sanderson | 23.05 | 22.75 | 6 |
| 4 Sheppard, S | Broughton | 23.00 | 22.80 | 4 |
| 5 Hardy, P | Wakefield | 22.70 | 23.00 | 2 |
| 6 Council, J | Leesville | 22.75 | 23.40 | 1 |
| 7 Demery, D | Millbrook | 23.60 | 23.50 | |
| 8 Olusesi, M | Wakefield | 23.10 | 23.60 | |

Boys 400 Meter Dash

| Name | Year School | Seed | Finals | H# | Points |
|------|-------------|------|--------|----|--------|
|------|-------------|------|--------|----|--------|

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | | | |
|-----------------|-------------------|-------|-------|---|----|
| 1 Kidd, B | Enloe High School | 49.49 | 49.10 | 3 | 10 |
| 2 Loose, A | Wakefield | 51.90 | 50.40 | 3 | 8 |
| 3 Massey, J | Sanderson | 51.70 | 50.80 | 3 | 6 |
| 4 James, M | Sanderson | 52.90 | 50.90 | 3 | 4 |
| 5 Wheless, J | Broughton | 51.60 | 51.60 | 3 | 2 |
| 6 Dougan, J | Enloe High School | 53.10 | 52.70 | 2 | 1 |
| 7 Evans, A | Leesville | 52.90 | 53.00 | 3 | |
| 8 Foreman, T | Wakefield | 52.30 | 53.10 | 3 | |
| 9 Simpkins, T | Broughton | 53.00 | 53.40 | 2 | |
| 10 White, T | Wake Forest | 54.70 | 53.45 | 2 | |
| 11 Pearson, J | Leesville | 53.40 | 53.60 | 2 | |
| 12 Keys, B | Millbrook | 54.30 | 54.50 | 2 | |
| 13 Martin, A | Broughton | 54.35 | 54.90 | 2 | |
| 14 Maness, J | Enloe High School | 54.10 | 55.20 | 2 | |
| 15 Chansler, A | Wakefield | 55.20 | 55.70 | 1 | |
| 16 Kruger, B | Wake Forest | 55.40 | 55.90 | 1 | |
| 17 Burnette, T | Millbrook | 52.40 | 56.00 | 3 | |
| 18 Willey, M | Wake Forest | 57.10 | 58.80 | 1 | |
| -- Frost, J | Leesville | 54.00 | DQ | 2 | |
| -- Whitfield, R | Sanderson | 56.90 | DQ | 1 | |

Boys 800 Meter Run

| Name | Year School | Seed | Finals | Points |
|----------------|-------------------|---------|---------|--------|
| 1 Shirley, J | Broughton | 2:02.50 | 2:03.70 | 10 |
| 2 Malherbe, P | Broughton | 2:04.30 | 2:04.00 | 8 |
| 3 Rojas, R | Millbrook | 2:05.00 | 2:04.50 | 6 |
| 4 Townsend, S | Millbrook | 2:06.00 | 2:05.00 | 4 |
| 5 Fussell, P | Leesville | 2:07.00 | 2:05.20 | 2 |
| 6 Horton, J | Wakefield | 2:03.40 | 2:05.40 | 1 |
| 7 Ober, K | Leesville | 2:04.00 | 2:05.80 | |
| 8 Williams, G | Millbrook | 2:07.00 | 2:06.40 | |
| 9 Capps, J | Enloe High School | 2:10.00 | 2:06.90 | |
| 10 Schick, M | Sanderson | 2:05.00 | 2:07.30 | |
| 11 Carranco, G | Wakefield | 2:08.70 | 2:11.60 | |
| 12 Sumrell, W | Leesville | 2:07.00 | 2:12.40 | |
| 13 Tran, A | Sanderson | 2:11.00 | 2:15.20 | |

....Boys 800 Meter Run

| | | | | |
|-------------------|-------------------|---------|---------|--|
| 14 Indermaur, W | Enloe High School | 2:15.00 | 2:15.90 | |
| 15 Ammons, M | Wake Forest | 2:26.30 | 2:18.40 | |
| 16 Hawkins, E | Wake Forest | 2:15.00 | 2:22.80 | |
| 17 Osbourne, W | Wake Forest | 2:09.00 | 2:24.20 | |
| -- Cappelletti, J | Enloe High School | 2:03.00 | DQ | |
| -- Wheless, J | Broughton | 1:59.00 | DQ | |

Boys 1600 Meter Run

| Name | Year School | Seed | Finals | Points |
|---------------|-------------------|---------|---------|--------|
| 1 Jackson, B | Leesville | 4:34.70 | 4:35.30 | 10 |
| 2 Jones, D | Broughton | 4:33.90 | 4:38.60 | 8 |
| 3 Jones, R | Broughton | 4:29.00 | 4:40.10 | 6 |
| 4 Carter, N | Enloe High School | 4:38.00 | 4:41.60 | 4 |
| 5 Schick, M | Sanderson | 4:45.00 | 4:42.80 | 2 |
| 6 Mikus, A | Wakefield | 4:39.00 | 4:43.50 | 1 |
| 7 Hite, C | Broughton | 4:41.10 | 4:44.70 | |
| 8 Osbourne, W | Wake Forest | 4:48.60 | 4:46.50 | |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | |
|--------------------|-------------------|---------|---------|
| 9 Fakhoury, B | Leesville | 4:45.00 | 4:48.10 |
| 10 Dyer, J | Enloe High School | 5:08.00 | 4:50.10 |
| 11 Buchenberger, D | Millbrook | 4:53.00 | 4:52.30 |
| 12 Rico, J | Millbrook | 4:57.00 | 4:55.90 |
| 13 Holden, S | Wake Forest | 5:02.10 | 4:57.00 |
| 14 Cody, T | Sanderson | 5:05.00 | 4:57.60 |
| 15 Bergeson, M | Wakefield | 5:07.00 | 5:00.50 |
| 16 Hoese, W | Leesville | 5:00.00 | 5:01.50 |
| 17 Ammons, D | Wake Forest | 5:02.90 | 5:02.60 |
| 18 Hathaway, P | Sanderson | 5:10.00 | 5:03.50 |
| 18 Chen, M | Enloe High School | 5:06.00 | 5:03.50 |

Boys 3200 Meter Run

| Name | Year School | Seed | Finals | Points |
|----------------|-------------------|----------|----------|--------|
| 1 Staub, B | Broughton | 9:50.00 | 9:57.10 | 10 |
| 2 Woodhouse, W | Leesville | 10:03.00 | 9:59.00 | 8 |
| 3 Marley, G | Enloe High School | 10:08.00 | 10:12.20 | 6 |
| 4 Smith, A | Leesville | 10:12.00 | 10:15.00 | 4 |
| 5 Carter, N | Enloe High School | 9:55.00 | 10:19.30 | 2 |
| 6 Lawrence, B | Broughton | 10:06.60 | 10:22.30 | 1 |
| 7 Calhoun, B | Broughton | 10:12.00 | 10:32.20 | |
| 8 Holden, S | Wake Forest | 10:45.00 | 10:42.90 | |
| 9 Mallory, M | Wakefield | 10:42.00 | 10:44.20 | |
| 10 Foltz, D | Millbrook | 10:57.00 | 10:53.20 | |
| 11 Hathaway, P | Sanderson | 11:07.00 | 10:53.70 | |
| 12 Dix, J | Leesville | 10:55.00 | 11:04.00 | |
| 13 Feldman, M | Sanderson | 10:58.00 | 11:05.10 | |
| 14 Wheaton, A | Millbrook | 11:14.00 | 11:18.70 | |
| 15 Ammons, D | Wake Forest | 11:14.80 | 11:23.90 | |
| 16 Gupton, S | Enloe High School | 11:05.00 | 11:27.70 | |
| 17 Cody, T | Sanderson | 11:04.00 | 11:32.60 | |
| 18 Kirk, R | Wakefield | 11:50.00 | 11:32.80 | |
| 19 Ngo, T | Millbrook | 11:19.00 | 11:32.85 | |
| -- Shaw, A | Wake Forest | 10:11.20 | DQ | |

Boys 110 Meter Hurdles

| Name | Year School | Seed | Prelims | H# |
|----------------------|-------------------|-------|---------|----|
| Preliminaries | | | | |
| 1 Robinson, J | Wakefield | 13.90 | 15.10Q | 3 |
| 2 Majors, T | Wakefield | 14.70 | 15.50Q | 2 |
| 3 Christensen, P | Wake Forest | 15.47 | 16.60Q | 1 |
| 4 Hartsfield, K | Wake Forest | 16.10 | 15.70Q | 3 |
| 5 Hughes, B | Leesville | 16.00 | 16.00Q | 2 |
| 6 Mangum, P | Leesville | 15.20 | 16.65Q | 1 |
| 7 Williams, B | Enloe High School | 16.08 | 16.40q | 3 |
| 8 Mangum, R | Leesville | 16.40 | 16.50q | 2 |
| 9 Lampkins, C | Sanderson | 18.40 | 17.20 | 1 |
| 10 Lee, T | Broughton | 16.90 | 17.30 | 1 |
| 11 Shurland, A | Wakefield | 17.90 | 17.50 | 3 |
| 12 Marquez, J | Sanderson | 16.60 | 18.00 | 1 |
| 13 Matlock, C | Enloe High School | 17.14 | 18.30 | 2 |
| 14 Pixton, D | Sanderson | 17.88 | 18.60 | 3 |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | | |
|----------------|-------------|-------|-------|---|
| 15 Frantz, R | Broughton | 18.20 | 19.10 | 2 |
| 15 Burnette, J | Wake Forest | 19.40 | 19.10 | 2 |
| 17 Barnes, M | Broughton | 18.70 | 20.40 | 1 |

Boys 110 Meter Hurdles

| Name | Year School | Prelims | Finals | Points |
|------------------|-------------------|---------|--------|--------|
| Finals | | | | |
| 1 Robinson, J | Wakefield | 15.10 | 14.50 | 10 |
| 2 Mangum, P | Leesville | 16.65 | 15.20 | 8 |
| 3 Majors, T | Wakefield | 15.50 | 15.30 | 6 |
| 4 Hartsfield, K | Wake Forest | 15.70 | 15.60 | 4 |
| 5 Mangum, R | Leesville | 16.50 | 15.80 | 2 |
| 6 Christensen, P | Wake Forest | 16.60 | 16.00 | 1 |
| 7 Williams, B | Enloe High School | 16.40 | 16.20 | |
| -- Hughes, B | Leesville | 16.00 | DQ | |

Boys 300 Meter Hurdles

| Name | Year School | Seed | Finals | H# | Points |
|-------------------|-------------------|-------|--------|----|--------|
| 1 Robinson, J | Wakefield | 38.20 | 38.90 | 2 | 10 |
| 2 Mangum, P | Leesville | 39.90 | 40.30 | 2 | 8 |
| 3 Faison, A | Enloe High School | 42.33 | 41.80 | 2 | 5 |
| 3 Hartsfield, K | Wake Forest | 44.90 | 41.80 | 1 | 5 |
| 5 Mangum, R | Leesville | 41.90 | 41.85 | 2 | 2 |
| 6 Hughes, B | Leesville | 43.00 | 42.40 | 2 | 1 |
| 7 Marquez, J | Sanderson | 41.70 | 42.70 | 2 | |
| 8 Williams, B | Enloe High School | 42.42 | 42.90 | 2 | |
| 9 Gumbo, C | Sanderson | 43.50 | 43.30 | 1 | |
| 9 Shurland, A | Wakefield | 42.40 | 43.30 | 2 | |
| 11 Majors, T | Wakefield | 43.10 | 43.90 | 1 | |
| 12 Lampkins, C | Sanderson | 43.70 | 44.20 | 1 | |
| 13 Matlock, C | Enloe High School | 43.50 | 45.40 | 1 | |
| 14 McGuire, M | Wake Forest | 45.20 | 45.90 | 1 | |
| 15 Christensen, P | Wake Forest | 44.30 | 46.80 | 1 | |

....Boys 300 Meter Hurdles

| | | | | |
|--------------|-----------|-------|----|---|
| -- Barnes, M | Broughton | 45.30 | DQ | 1 |
|--------------|-----------|-------|----|---|

Boys 4x100 Meter Relay

| School | Seed | Finals | Points |
|--------------------------------------|-------|--------|--------|
| 1 Wakefield High School 'A' | 42.60 | 42.50 | 10 |
| 2 Leesville Road High School 'A' | 44.00 | 43.50 | 8 |
| 3 Broughton High School 'A' | 43.36 | 44.10 | 6 |
| 4 Sanderson High School 'A' | 45.08 | 46.10 | 4 |
| 5 Wake Forest-Rolesville High Sc 'A' | 44.80 | 46.30 | 2 |
| 6 Enloe High School 'A' | 48.10 | 47.30 | 1 |
| 7 Millbrook High School 'A' | 44.30 | 51.50 | |

Boys 4x200 Meter Relay

| School | Seed | Finals | Points |
|----------------------------------|---------|---------|--------|
| 1 Leesville Road High School 'A' | 1:33.00 | 1:30.40 | 10 |
| 2 Wakefield High School 'A' | 1:30.30 | 1:31.10 | 8 |
| 3 Millbrook High School 'A' | 1:32.30 | 1:33.90 | 6 |
| 4 Broughton High School 'A' | 1:33.00 | 1:33.95 | 4 |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | |
|--------------------------------------|---------|---------|---|
| 5 Wake Forest-Rolesville High Sc 'A' | 1:33.30 | 1:34.50 | 2 |
| 6 Sanderson High School 'A' | 1:35.00 | 1:36.50 | 1 |
| -- Enloe High School 'A' | 1:42.00 | DQ | |

Boys 4x400 Meter Relay

| School | Seed | Finals | Points |
|---------------------------------------|---------|---------|--------|
| 1 Wakefield High School 'A' | 3:24.40 | 3:25.30 | 10 |
| 2 Sanderson High School 'A' | 3:32.00 | 3:27.70 | 8 |
| 3 Leesville Road High School 'A' | 3:35.00 | 3:33.50 | 6 |
| 4 Millbrook High School 'A' | 3:40.00 | 3:34.30 | 4 |
| 5 Enloe High School 'A' | 3:30.50 | 3:37.90 | 2 |
| 6 Broughton High School 'A' | 3:36.00 | 3:45.90 | 1 |
| -- Wake Forest-Rolesville High Sc 'A' | 3:41.90 | DQ | |

Boys 4x800 Meter Relay

| School | Seed | Finals | Points |
|--------------------------------------|---------|---------|--------|
| 1 Broughton High School 'A' | 8:20.00 | 8:13.20 | 10 |
| 2 Enloe High School 'A' | 8:20.00 | 8:17.30 | 8 |
| 3 Millbrook High School 'A' | 8:31.00 | 8:20.20 | 6 |
| 4 Leesville Road High School 'A' | 8:28.00 | 8:21.60 | 4 |
| 5 Wakefield High School 'A' | 8:24.00 | 8:34.40 | 2 |
| 6 Sanderson High School 'A' | 8:41.30 | 8:52.60 | 1 |
| 7 Wake Forest-Rolesville High Sc 'A' | 9:00.90 | 9:43.60 | |

Boys High Jump

| Name | Year School | Seed | Finals | Points |
|---------------------------|-------------------|---------|----------|--------|
| 1 York, C | Leesville | 6-04.00 | 6-02.00 | 10 |
|Boys High Jump | | | | |
| 2 Pope, A | Broughton | 6-07.00 | 6-00.00 | 8 |
| 3 Williams, M | Leesville | 5-10.00 | J6-00.00 | 6 |
| 4 Johnson, D | Broughton | 5-10.00 | J6-00.00 | 4 |
| 5 Nzati, J | Millbrook | 5-10.00 | 5-10.00 | 2 |
| 6 Brooks, R | Wakefield | 6-02.00 | 5-08.00 | 1 |
| 7 Frantz, R | Broughton | 5-08.00 | J5-08.00 | |
| 7 Lynch, T | Enloe High School | 5-06.00 | J5-08.00 | |
| 9 Young, B | Wake Forest | 6-02.00 | J5-08.00 | |
| 9 Smith, D | Leesville | 5-06.00 | J5-08.00 | |
| 11 Pixton, D | Sanderson | 5-10.00 | 5-06.00 | |
| 11 Willey, M | Wake Forest | 5-08.00 | 5-06.00 | |
| 11 Booker, J | Millbrook | 5-06.00 | 5-06.00 | |
| 11 Eden, P | Millbrook | 5-08.00 | 5-06.00 | |
| 15 Hawkins, E | Wake Forest | 5-08.00 | 5-04.00 | |
| -- Dunn, P | Wakefield | 5-08.00 | DQ | |
| -- Matlock, C | Enloe High School | 5-04.00 | DQ | |

Boys Pole Vault

| Name | Year School | Seed | Finals | Points |
|----------------|-------------|----------|-----------|--------|
| 1 Edmondson, W | Leesville | 13-00.00 | 13-00.00 | 10 |
| 2 Gilchrest, G | Millbrook | 11-00.00 | 12-06.00 | 8 |
| 3 Lee, T | Broughton | 12-06.00 | 12-00.00 | 6 |
| 4 Healy, C | Leesville | 12-00.00 | 11-06.00 | 4 |
| 5 Maloney, T | Broughton | 11-00.00 | J11-06.00 | 2 |

CAP 7 Championships - 4/23/2008**Wakefield High School****Results**

| | | | | | |
|----|----------------|-------------------|----------|-----------|---|
| 6 | Crockett, T | Broughton | 11-06.00 | 11-00.00 | 1 |
| 7 | Kunesh, J | Leesville | 10-06.00 | J11-00.00 | |
| 8 | Waardenberg, C | Millbrook | 9-00.00 | 10-00.00 | |
| 9 | Graham, S | Sanderson | 8-00.00 | 9-06.00 | |
| 10 | Grandy, S | Wakefield | 9-06.00 | 9-00.00 | |
| 11 | Kochuk, J | Enloe High School | 9-00.00 | 8-06.00 | |
| 11 | Baines, B | Wakefield | 8-06.00 | 8-06.00 | |
| 11 | Mills, M | Sanderson | 9-06.00 | 8-06.00 | |
| -- | Auten, S | Wakefield | 8-06.00 | DQ | |
| -- | Crall, T | Sanderson | 7-06.00 | DQ | |

Boys Long Jump

| Name | Year School | Seed | Finals | Points |
|------|---------------|-------------------|----------|-------------|
| 1 | Graham, T | Wakefield | 23-09.00 | 22-09.00 10 |
| 2 | Dougan, J | Enloe High School | 20-06.00 | 20-01.00 8 |
| 3 | Hartsfield, K | Wake Forest | 20-08.00 | 19-10.00 6 |
| 4 | Williams, M | Leesville | 19-11.00 | 19-06.00 4 |
| 5 | Lampkins, C | Sanderson | 20-02.00 | 19-04.00 2 |
| 6 | Council, J | Leesville | 18-11.00 | 18-11.00 1 |
| 7 | Brooks, R | Wakefield | 20-05.00 | J18-11.00 |
| 8 | Branch, T | Wakefield | 19-11.00 | 18-10.00 |
| 9 | Eden, P | Millbrook | 20-00.00 | J18-10.00 |
| 10 | Hughes, B | Leesville | 18-08.00 | 18-09.00 |
| 11 | Jones, A | Sanderson | 19-03.00 | 18-01.00 |
| 11 | Marant, C | Broughton | 19-06.00 | 18-01.00 |
| 13 | Booker, J | Millbrook | 18-05.00 | 18-00.00 |
| 14 | Warren, E | Broughton | 18-06.00 | 17-11.00 |

....Boys Long Jump

| | | | | |
|----|-----------|-------------------|----------|----------|
| 14 | Gray, A | Broughton | 18-00.00 | 17-11.00 |
| 14 | Nzati, J | Millbrook | 19-06.00 | 17-11.00 |
| 17 | Lynch, T | Enloe High School | 19-08.00 | 17-05.00 |
| 18 | Brown, W | Sanderson | 19-07.00 | 17-02.00 |
| 19 | Braddy, W | Wake Forest | 18-07.00 | 16-11.00 |
| 19 | McCann, R | Enloe High School | 15-11.00 | 16-11.00 |

Boys Triple Jump

| Name | Year School | Seed | Finals | Points |
|------|----------------|-------------------|----------|-------------|
| 1 | Jones, E | Millbrook | 46-01.00 | 43-00.00 10 |
| 2 | Hartsfield, K | Wake Forest | 40-03.00 | 42-08.00 8 |
| 3 | Council, J | Leesville | 41-01.00 | 42-05.00 6 |
| 4 | Brown, W | Sanderson | 42-08.50 | 41-00.00 4 |
| 5 | Trimmingham, X | Sanderson | 43-01.00 | 40-10.00 2 |
| 6 | Brooks, R | Wakefield | 42-09.00 | 40-07.00 1 |
| 7 | Troutman, T | Wakefield | 41-07.00 | 39-11.00 |
| 8 | Lampkins, C | Sanderson | 40-11.00 | 39-08.00 |
| 8 | Nzati, J | Millbrook | 39-04.00 | 39-08.00 |
| 10 | Pearson, J | Leesville | 40-00.00 | 39-05.00 |
| 11 | Eden, P | Millbrook | 40-00.00 | 38-09.00 |
| 12 | Lynch, T | Enloe High School | 40-05.00 | 38-06.00 |
| 13 | Gray, A | Broughton | 38-06.00 | 38-02.00 |
| 14 | Dougan, J | Enloe High School | 40-09.00 | 37-10.00 |
| 15 | Dunn, P | Wakefield | 36-10.00 | 36-00.00 |
| -- | Marant, C | Broughton | 40-08.00 | DQ |
| -- | Warren, E | Broughton | 38-09.00 | DQ |

CAP 7 Championships - 4/23/2008

Wakefield High School

Results

| | | | |
|----------------|-------------------|----------|----|
| -- Braddy, W | Wake Forest | 36-08.00 | DQ |
| -- Lachmann, J | Enloe High School | 30-06.00 | DQ |
| -- Hawkins, E | Wake Forest | 36-04.00 | DQ |

Boys Shot Put

| Name | Year School | Seed | Finals | Points |
|-----------------|-------------------|----------|----------|--------|
| 1 Reece, J | Wakefield | 48-00.00 | 45-11.00 | 10 |
| 2 Hopkins, E | Leesville | 44-04.00 | 45-08.00 | 8 |
| 3 Lewis, K | Millbrook | 44-07.00 | 43-05.00 | 6 |
| 4 Yovanovich, M | Wakefield | 43-05.00 | 42-10.00 | 4 |
| 5 Huckaby, B | Sanderson | 41-06.00 | 42-06.00 | 2 |
| 6 Hailey, A | Sanderson | 39-05.00 | 41-11.50 | 1 |
| 7 Wooten, M | Leesville | 40-06.00 | 41-10.50 | |
| 7 Intemen, D | Wake Forest | 40-08.00 | 41-10.50 | |
| 9 Al-Mahdi, R | Enloe High School | 44-08.00 | 41-06.00 | |
| 10 Hansen, T | Wake Forest | 43-07.00 | 41-05.00 | |
| 11 Sizemore, T | Wake Forest | 41-00.00 | 41-03.50 | |
| 12 Clayton, D | Sanderson | 40-01.00 | 41-02.00 | |
| 13 Valentine, W | Leesville | 37-00.00 | 40-03.00 | |
| 14 Perry, C | Broughton | 38-00.00 | 39-06.00 | |
| 15 Roper, M | Broughton | 37-00.00 | 37-07.00 | |
| 16 Betts, E | Broughton | 36-00.00 | 37-01.00 | |
| 17 Banks, A | Enloe High School | 36-08.00 | 35-04.00 | |
| 18 Lisk, J | Millbrook | 35-07.00 | 34-05.00 | |
| 19 Smith, N | Enloe High School | 35-03.00 | 31-11.00 | |

....Boys Shot Put

| | | | |
|--------------|-----------|----------|----|
| -- Grandy, J | Wakefield | 35-03.00 | DQ |
|--------------|-----------|----------|----|

Boys Discus Throw

| Name | Year School | Seed | Finals | Points |
|-----------------|-------------------|--------|--------|--------|
| 1 Reece, J | Wakefield | 151-10 | 158-10 | 10 |
| 2 Al-Mahdi, R | Enloe High School | 140-00 | 135-11 | 8 |
| 3 Wooten, M | Leesville | 135-00 | 131-01 | 6 |
| 4 Clayton, D | Sanderson | 117-03 | 123-06 | 4 |
| 5 Grandy, J | Wakefield | 124-10 | 123-03 | 2 |
| 6 Banks, A | Enloe High School | 115-02 | 121-07 | 1 |
| 7 Mayo, A | Wake Forest | 113-04 | 119-01 | |
| 8 Hopkins, E | Leesville | 128-00 | 117-11 | |
| 9 Yovanovich, M | Wakefield | 116-07 | 116-04 | |
| 10 Sizemore, T | Wake Forest | 117-07 | 115-09 | |
| 11 Reinhardt, W | Sanderson | 123-00 | 114-02 | |
| 12 Lewis, K | Millbrook | 131-01 | 112-03 | |
| 13 Roper, M | Broughton | 110-00 | 109-11 | |
| 14 Hansen, T | Wake Forest | 120-05 | 107-00 | |
| 15 Betts, E | Broughton | 110-00 | 104-07 | |
| 16 Valentine, W | Leesville | 125-00 | 104-05 | |
| 17 Smith, N | Enloe High School | 103-06 | 104-00 | |
| 18 Simmons, P | Sanderson | 110-00 | 91-01 | |
| 19 Lisk, J | Millbrook | 74-10 | 62-00 | |

Women - Team Rankings - 18 Events Scored

| | | | |
|--------------------------|--------|-------------------------------|-------|
| 1) Millbrook High School | 134.50 | 2) Leesville Road High School | 106 |
| 3) Broughton High School | 99 | 4) Wakefield High School | 85.50 |

CAP 7 Championships - 4/23/2008

Wakefield High School

Results

- | | | | |
|-------------------------------|----|----------------------|----|
| 5) Sanderson High School | 68 | 6) Enloe High School | 43 |
| 7) Wake Forest-Rolesville Hig | 21 | | |

Men - Team Rankings - 18 Events Scored

- | | | | |
|-------------------------------|-----|--------------------------|-----|
| 1) Leesville Road High School | 148 | 2) Wakefield High School | 132 |
| 3) Broughton High School | 91 | 4) Enloe High School | 56 |
| 5) Millbrook High School | 52 | 6) Sanderson High School | 51 |
| 7) Wake Forest-Rolesville Hig | 28 | | |