

2008 CAP-7 Track & Field Honor Roll #8

May 12th, 2008

FINAL HONOR ROLL FOR 2008

All times are hand-timed unless otherwise noted. None of the times have been converted, only rounded up to the higher tenth of a second. Times are listed in numerical order even though FAT times are legitimately faster times.

Compiled by Mark McLamb- Leesville Road High School

GIRLS

100m

1	Paige Eley	12.0	Leesville Road
2	Tiffany Downing	12.2	Millbrook
2	Krista Mangum	12.2	Sanderson
4	Kiara Blue	12.3	Wakefield
5	Katherine Adams	12.4	Millbrook
5	Remeika Gibson	12.4	Wake Forest Rolesville

200m

1	Paige Eley	24.68 FAT	Leesville Road
2	Tiffany Downing	25.2	Millbrook
3	Kiara Blue	25.5	Wakefield
4	Alane Ficalora	25.6	Leesville Road
4	Katherine Adams	25.6	Millbrook

400m

1	Ciara Houston	58.15 FAT	Broughton
2	Tiffany Downing	58.3	Millbrook
3	Alane Ficalora	58.41 FAT	Leesville Road
4	Katherine Adams	58.9	Millbrook
5	Paige Eley	59.4	Leesville Road

800m

1	Brittany Adams	2:21.44 FAT	Sanderson
2	Logan Hand	2:26.76 FAT	Broughton
3	Emily Vasquez	2:27.5	Leesville Road
4	Sarah Hennis	2:28.5	Enloe
5	Lindsay Wetzel	2:28.9	Enloe

1600m

1	Emily Vasquez	5:21.10 FAT	Leesville Road
2	Lauren Strapp	5:30.16 FAT	Leesville Road
3	Lindsay Wetzel	5:30.2	Enloe
4	Allison Cook	5:35.0	Sanderson
5	Sarah Hennis	5:37.0	Enloe

3200m

1	Timmons Williams	11:37.6	Broughton
2	Lindsay Wetzel	12:05.65(FAT)	Enloe
3	Lauren Strapp	12:11.8	Leesville Road
4	Ellen Currin	12:17.8	Broughton
5	Allison Cook	12:30	Sanderson

100mH.

1	Brandy Furr	14.7	Sanderson
2	Chantal Scott	15.2	Wakefield
3	Rochell Bygrave	15.7	Millbrook
4	Sarah Graham	16.7	Wake Forest Rolesville
5	Brynn Starr	16.8	Wakefield

300m H

1	Roshel Bygrave	46.7	Millbrook
2	Brandy Furr	47.9	Sanderson
3	Brynn Starr	48.47 (FAT)	Wakefield
4	Andrea Lewis	48.69 (FAT)	Wakefield
5	Chantal Scott	48.78 (FAT)	Wakefield

4x1

1	Broughton	49.9
2	Wakefield	50.3
2	Sanderson	50.6
4	Millbrook	51.2
5	Leesville Road	52.2

4x2

1	Millbrook	1:42.9
2	Leesville Road	1:43.22 (FAT)
3	Broughton	1:44.9
4	Wakefield	1:46.19 (FAT)
5	Sanderson	1:52.6

4x4

1	Millbrook	3:57.13 (FAT)
2	Leesville Road	4:03.84 (FAT)
3	Broughton	4:09.38 (FAT)
4	Wakefield	4:11.8
5	Sanderson	4:14.3

4x8

1	Broughton	9:54.55 (FAT)
2	Enloe	10:02.58 (FAT)
3	Leesville Road	10:13.9
4	Wakefield	10:15.42 (FAT)
5	Sanderson	10:16.8

Shot Put

1	Hannah DeGraffinreed	40'9"	Millbrook
2	Victoria Tanner	38'7"	Wake Forest Rolesville
3	Ashley Dunn	33'8"	Sanderson
4	Chinwe Anumudu	33'7"	Millbrook
5	Jessica Dunston	32'10"	Enloe

Discus

1	Victoria Tanner	111'9.5"	Wake Forest Rolesville
2	Chinwe Anumudu	107'7.5"	Millbrook
3	Hannah DeGraffinreed	106'11"	Millbrook
4	Jessica Dunston	104'11"	Enloe
5	Kyairra Hartsfield	93'3"	Wake Forest Rolesville

High Jump

1	Breana Staves	5'4"	Leesville Road
2	Alane Ficalora	5'2"	Leesville Road
2	Christina Zapolski	5'2"	Broughton
2	Sarah Graham	5'2"	Wake Forest Rolesville
2	Michaela Birek	5'2"	Wakefield
5	Connor Cook	5'	Millbrook
5	Brandy Furr	5'	Sanderson

Pole Vault

1	Becca Mann	9'6"	Broughton
2	Carlie Huberman	9'	Enloe
2	Marlee Caldwell	9'	Broughton
4	Annie Alvarez	8'6"	Sanderson
4	Dana Pellack	8'6"	Leesville Road
4	Shelby Ward	8'6"	Broughton
4	Barbara Webbie	8'6"	Sanderson
4	Anna Thirakul	8'6"	Millbrook

Long Jump

1	Jolanda Mitchell	17'4"	Broughton
2	Connor Cook	16'7"	Millbrook
3	Danielle Hodges	16'5.25"	Wakefield
4	Breana Staves	15'11"	Leesville Road
5	Joan Yabani	15'9"	Sanderson

Triple Jump

1	Jolanda Mitchell	36'5"	Broughton
2	Breana Staves	34'	Leesville Road
3	Alane Ficalora	33'4"	Leesville Road
4	Conner Cook	33'	Millbrook
5	Alexis Williams	32'10"	Sanderson

BOYS

100m

1	T.J. Graham	10.44(FAT)	Wakefield
2	Phillip Hardy	10.6	Wakefield
3	Tony Bunn	10.9	Leesville Road
3	Jamal Murphy	10.9	Sanderson
3	Eric Jones	10.9	Millbrook
3	Zach Greene	10.9	Leesville Road

200m

1	T.J. Graham	20.82 (FAT)	Wakefield
2	Jamal Murphy	22.0	Sanderson
3	Rob Foster	22.2	Broughton
4	Damien Crowder	22.3	Leesville Road
4	Tony Bunn	22.3	Leesville Road
6	Phillip Hardy	22.44 (FAT)	Wakefield

400m

1	Brandon Kidd	49.1	Enloe
2	T.J. Graham	50.1	Wakefield
3	A. Loose	50.4	Wakefield
4	Jeff Massey	50.8	Sanderson
5	M. James	50.9	Sanderson

800m

1	Jack Wheless	1:59.4	Broughton
2	Tim Kijewski	2:01.4	Enloe
3	Reidy Jones	2:02.8	Broughton
4	Jeff Shirley	2:02.9	Broughton
5	Brandon Kidd	2:03	Enloe

1600m

1	Reidy Jones	4:29	Broughton
2	Brian Jackson	4:29.3	Leesville Road
3	Nick Carter	4:35	Enloe
4	Burk Staub	4:36.4	Broughton
5	Deaton Jones	4:37	Broughton

3200m

1	Burk Staub	9:50.5	Broughton
2	Nick Carter	9:56.61(FAT)	Enloe
3	Will Woodhouse	9:59.0	Leesville Road
4	Deaton Jones	10:04.06(FAT)	Broughton
5	Grant Marley	10:08.88(FAT)	Enloe

110m H.

1	James Robinson	13.9	Wakefield
2	Tim Majors	14.7	Wakefield
3	Pete Mangum	15.2	Leesville Road
4	Peter Christensen	15.5	Wake Forest Rolesville
5	Kevin Hartsfield	15.6	Wake Forest Rolesville

300m H.

1	James Robinson	38.2	Wakefield
2	Pete Mangum	39.9	Leesville Road
3	Kevin Hartsfield	41.29 (FAT)	Wake Forest Rolesville
4	Ryan Mangum	41.69 (FAT)	Leesville Road
5	Azeil Faison	41.8	Enloe

4x1

1	Wakefield	41.94 (FAT)
2	Millbrook	43.4
3	Broughton	43.5
3	Leesville Road	43.5
5	Enloe	44.6 (FAT)

4x2

1	Leesville Road	1:29.60 (FAT)
2	Millbrook	1:30.1
3	Wakefield	1:30.3
4	Wake Forest Rolesville	1:33.3
5	Broughton	1:33.9

4x4

1	Wakefield	3:19.71 (FAT)
2	Sanderson	3:23.75 (FAT)
3	Leesville Road	3:31.7
4	Millbrook	3:33.5
5	Enloe	3:33.71 (FAT)

4x8

1	Enloe	8:09.88 (FAT)
2	Broughton	8:13.2
3	Millbrook	8:19.75 (FAT)
4	Leesville Road	8:20.82 (FAT)
5	Wakefield	8:24.4

Shot Put

1	John Reece	48'0"	Wakefield
2	Eric Hopkins	46'11.5"	Leesville Road
3	Raji Al'Mahdj	44'7"	Enloe
4	Taylor Hansen	43'11"	Wake Forest Rolesville
4	Kenneth Lewis	43'11"	Millbrook

Discus

1	John Reese	158'10"	Wakefield
2	Raji Al'Mahdj	141'9"	Enloe
3	Mike Wooten	137'7"	Leesville Road
4	Kenneth Lewis	131'1"	Millbrook
5	Eric Hopkins	128'9"	Leesville Road

High Jump

1	Andrew Pope	6'7"	Broughton
2	Colby York	6'4"	Leesville Road
3	Ryan Brooks	6'2"	Wakefield
4	D. Johnson	6'	Broughton
4	Brett Young	6'	Wake Forest Rolesville
4	Melvin Williams	6'	Leesville Road

Pole Vault

1	Will Edmondson	13'0"	Leesville Road
2	Greg Gilchrest	12'6"	Millbrook
2	Thomas Lee	12'6"	Broughton
4	Charlie Healy	12'0"	Leesville Road
5	Tyler Maloney	11'6"	Broughton
5	Chad McElreath	11'6"	Sanderson

Long Jump

1	T.J. Graham	23'9"	Wakefield
2	James Dougan	22'1.25"	Enloe
3	Chris Lampkins	20'4"	Sanderson
4	Ryan Brooks	20'3"	Wakefield
4	Melvin Williams	20'3"	Leesville Road

Triple Jump

1	Eric Jones	46'1"	Millbrook
2	Xavier Trimmingham	43'1.25"	Sanderson
3	William Brown	42'8.5"	Sanderson
4	Kevin Hartsfield	42'8"	Wake Forest Rolesville
5	Johnnie Council	42'5"	Leesville Road